



Ensure there is a working smoke alarm on every level.





Test smoke alarms once a week.



Plan and practice escape routes out of the the home in the event of a fire. Always keep escape routes clear of possessions.



If there is a fire, never attempt to put it out yourself. You should always get out, stay out and call 999.



Don't stop to collect any personal possesions on the way out.



Don't place items like clothing on or near heaters, lamps or other electrical equipment.













Keep the cooking area clear and never leave cooking unattended - always look when you cook.

If you are concerned about someone who hoards in their home, you can help them by offering them our safety advice.



Avoid storing cylinders in your home, but if you need one for medical purposes, always keep them upright and outdoors.



Sort through items like newspapers when new ones arrive and recycle older ones.



Ensure items like newspapers and boxes aren't stacked too high as they could fall and block escape routes.



If you smoke, try to smoke outside, make sure you use the correct ashtray, dispose of cigarettes correctly, avoid leaving them unattended and don't smoke in bed.







